Fret Knot

1st Quarter: January-March
A.S. XLVIIII (2015)



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Herewith follows the legal stuff:

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From the Chronicler

Greetings to Altavia as we plunge into a new year! Yes, I promised this issue by January 1st and it is indeed late, please accept my apologies! No excuses! I mean, yes, the New Year's Eve hangover did last for weeks but…….

We have some wonderful articles this issue! Lady Leonor has contributed an historical and savory recipe for delicious Carbonata. Any dish that includes prosciutto is a winner in my book! And Johnnae llyn Lewis gives us a wonderfully researched article called "Poor Knights and Toast" which involves bread, eggs, butter, sugar and cream. And it's fried! I love the Middle Ages because cholesterol had not been discovered yet!

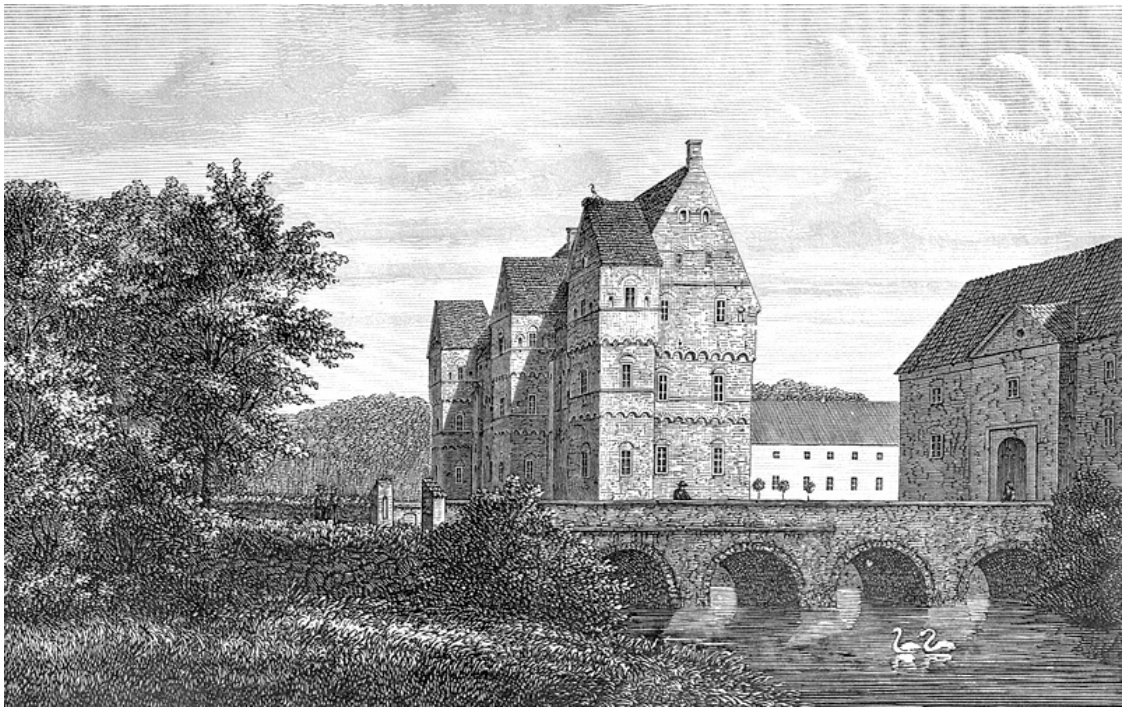
Published also herein are the lyrics to the original piece written by our talented **Bard of Altavia** Lady Briana MacCabe that she performed at Angels/Altavia Yule and which is dedicated to Her Excellency, Baroness Cecilia.

We are also starting a column called "Populace Profiles" where people can share the details of their personas. Thanks to Serena Fox for reminding me that "Populace" is the noun and "Populous" is the adjective!

Finally, you should be getting this right before Gyldenholt Unbelted this Saturday (January 24th). Their Excellencies will be attending and we will be setting up the Dragon Wing. Hope to see you all there!

Yours in Service,

Lord Charles Ivansen of Borreby



Borreby Castle, near the town of Skælskør in the south-west corner of the island of Zealand, Denmark.

From Their Excellencies

The honorable Lord Cristofanus Castellani And Mistress Cecilia Medici

Greetings Altavians and Happy New Year,

We look forward to a wonderful fun packed year of SCA activities and hope you are all ready to put your "Creative" ideas together and join us in what ever form gets you out there with us. First up is 12th Night, join us in your finest and be among the cool kids of Altavia for our first of the year presentation to their Majesties (if you would like to add to the basket you can always donate on site). [*editor's note: my apologies to Her Excellency for not publishing this in time for 12th Night*]

Calling all Altavians, we are going to Talon Crescent. Cristof and I want to know if any would like to share a condo with us when we do go. We are looking into how far away our places are from the site. We hope to get a 3 bedroom which will sleep 8. Let us know if you are interested.

Our January babies are not to be forgotten. A Big Happy Birthday to the following:

- James Everglad – 17th
- Luca – 22nd
- Ouregan – 30th

If your birthday is in January and you are not yet on this list let me know so we can add you to our January birthday celebration at the Jan. 12th Fighter practice.



We Look Forward to a Great 2015 with all of you!

~Cristof and ~Cecilia
Baron and Baroness of Altavia

Upcoming Baronial Events

- April 17th – 18th: Walter Reed Middle School Faire of the Middle Ages
- May 9th: Altavia Anniversary!

As always, check the CAID Kingdom Calendar online for all the exciting events going on in the Kingdom and elsewhere, such as:

Upcoming Wars

- February 12 – 16: Talon Crescent War
- February 24 – March 1: Estrella War
- March 15 – 22: Gulf War XXIII
- May 21 – 25: Potrero War



The Battle of Hastings, as depicted on the Bayeux tapestry.

Announcements from the Barony



I hope Altavians are planning on going to Talon Crescent Wars. Baron Cristof and I are running Archery and Thrown Weapons. All ages are welcome. You do need to be authorized for Archery competitions, but all are welcome to come and play during open range and for classes that we will hold. There will be a limited amount of Archery equipment so if you have your own please bring it with you. There will be plenty of thrown weapons but do bring your own if you have them.
We are always looking for volunteers for marshals, MIT's and those wishing to help out and become MIT's (Marshal in Training). The Archery and Thrown Weapons Range will be open Friday, Saturday, and Sunday. Mornings will be open practice and classes and competitions in early afternoons. There are several Archery novelty competitions already scheduled. We are hoping to do a moving target from the battlefield castle once heavies finish their day. There will be a Talon Crescent Championship in both Archery and Thrown Weapons (Adult and Youth categories) and on Sunday there will be the war tradition of Axes and Estrogen (women only) and, started this last GWW, Toothpicks and Testosterone (men only). There will be a few surprises to link these to our War theme. There are prizes for the best hecklers of these two competitions on Sunday as well!.
We encourage you all to come on out to Talon Crescent War and visit us at the range! Let's have a Caidian (an Altavian) win the first Talon Crescent championships!

YIS,
~Baron Cristof and ~Baroness Cecilia

♦♦♦♦♦♦♦♦♦

Calling all Altavians! If you are crafty in any form (looking for period, but can work with you), we need you. The new calendar of anniversaries is coming and we will need to fill baskets going to our cousins and crown. We are putting together Largess classes and all are invited, no arts and crafts experience needed; you will learn on the job. If you can teach a largess project we will encourage our Arts and Sciences Deputy to schedule it in the Arts and Science class schedule for 2015. I want to start up Sewing nights again and we could do largess as well. Please contact me, or Asakura or Luca if you'd like to do a class, if interested. If you just have something to donate to largess please do so at any meeting, practice or event.

Thank You in Advance,

~Mistress Cecilia Medici, Baroness of Altavia

Period Cooking; a recipe for CARBONATA

By Lady Leonor de Sevilla

Greetings Altavia! As many of you know, I love historical cooking, and I've decided that our lovely newsletter would be a fun place to share some recipes with you all. This first recipe I am sharing with you comes from Maestro Martino's *Libro de Arte Coquinaria*, which was written in the late 1400s.



The translated recipe below for **Carbonata** comes from *The Medieval Kitchen: Recipes from France and Italy* by Redon, Sabban, and Serventi. The book is a great resource for SCA period recipes.

Translation:
"To make Carbonata, take salt meat layered with lean and fat, and cut it in slices, and put it in a pan to cook; do not let it overcook. Then put it on a plate and sprinkle it with a little sugar, a little cinnamon, and a little finely chopped parsley. And you can do the same to prepare salt pork [?] or ham, using orange or lemon juice in place of vinegar, whichever you prefer; it will make you drink all the better."

Mmmm, lightly browned prosciutto (which is what I used in my version) tossed in sugar, lemon juice, cinnamon, and parsley. Delicious, easy, and apparently "makes you drink all the better." Sounds like fun! Don't let the combo of sugar and prosciutto throw you off. The savory, sweet, and sour from the lemon really balances nicely.

Now, my version of the recipe gives exact measurements of ingredients, but I encourage you to experiment. Feel free to try this recipe with vinegar, sour orange juice, or even more sugar than I used. The most important thing is that you like the outcome of your dish!

If you make this recipe, I'd love to hear how you liked it. Feel free to chat with me at an event or send me an email!

Also, remember that Altavia's Culinary Guild holds a potluck on the 4th Monday fighter practice in Burbank. Even if you don't bring a dish to share you are more than welcome to taste the dishes the guild members bring...yummy food for everyone!

Leonor de Sevilla, email: michelleferrand12@gmail.coom

(continued on next page)

My Version of Carbonata from Martino's *Libro de Arte Coquinaria*
Preparation Time: 5 minutes
Cook Time: 15 minutes
Serves 4-6

Ingredients
4 ounces thinly sliced prosciutto
1 tablespoon lemon juice
1 tablespoon finely chopped parsley
½ teaspoon sugar
⅛ teaspoon cinnamon

Instructions
Bring a large skillet to medium heat.

Add prosciutto in a single layer, cook in batches if needed, and cook until lightly browned on both sides, about 4 minutes.

Transfer cooked prosciutto to a serving platter or bowl. Evenly top with remaining ingredients and toss to coat. The prosciutto may break up a bit, and that is okay!

Serve to your friends and make sure to have plenty to drink on hand ;)



Populace Profiles

With this issue of the Fret Knot we are starting a new feature, Populace Profiles. Every issue we hope to highlight several members of the Altavian populace and give you the background information of their personas.

Maile Fergusson (Alethea Pederson) born 1555 in Nether Kinmundy a small town in Aberdeenshire Scotland, to Robert and Molly Ferguson. She was third of six children one older brother and sister, two younger brothers and two younger sisters.



She was sent to be fostered with an Aunt Ede and Uncle William who lived in Aberdeen and though they liked her well and things went pleasant enough she was too independent a thinker for their liking as her Aunt tells it, mostly without overt sarcasm. As a result Maile was sent to the priory for her education. It's interesting to note that not long after this her Aunt and Uncle remodeled the kitchen and expanded the flower bed.

There she showed some skill in embroidery and making of buttons and other Passamenterie as well as reading and writing. Aberdeen being a port town, Maile picked up bits of several languages and stories from several cultures.

When she turned 17 she was sent to France by the Prioress to apprentice in the Button Makers Guilds to learn and expand her skills. From this income, even after the fifth paid to the guild, she was skilled enough to be able to send money back to the Convent.

As her skills grew she began instructing others and soon was called to teach these skills to tailors and lady's maids in various households. This has led to travel through France, Italy and later Sweden. Eventually to return to Scotland to teach in the sewing schools for girls.

Nikolaos Phaistios is a 15th Century Greek Archer from the island of Crete. He could not find work on the island, so he took a merchant ship to Venice. There he began to learn the art of the rapier. After winning some notoriety as an archer, he was hired by the Medici family. His last job was to hunt down their wayward daughter, **Cecilia de Medici**, and bring her back. He caught up with her in Persia, but she captured him. Even though she was a skilled assassin, she spared his life. Niko is now indebted to Cecilia and happily works for her.



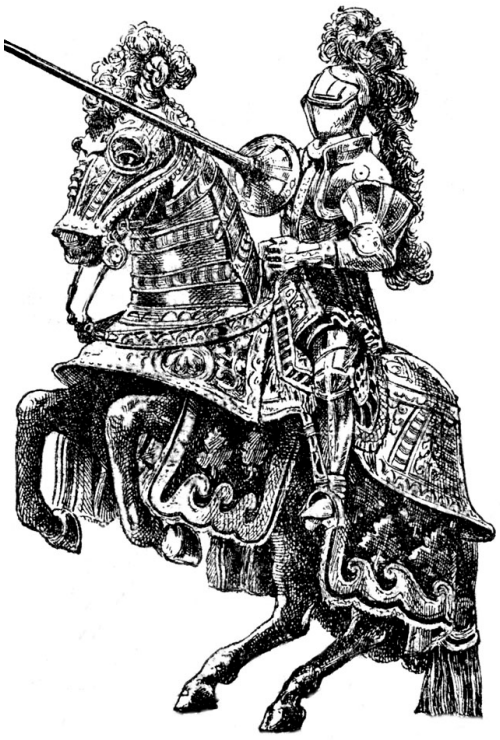


The Coat of Arms of **Nikolaos Phaistios**

Altavia Current Champions



- Archery **Winfred the Archer** 10/26/14
- Armored Combat **Duke Sven Ofhendur** 5/10/14
- Arts & Sciences **Baron Thomas Brownwell** 5/10/14
- Bardic **Lady Briana MacCabe** 12/13/14
- Chess **Natasha** 12/13/14
- Equestrian **Lady Kora Aelfbairn riding Blaze** 5/3/14
- Fretted Fork **THL Courtney of the White Meadow** 10/26/14
- Rapier Combat **Don Laertes Blackavar McBride** 5/10/14
- Thrown Weapons **Lord Philip de Greylourde** 10/26/14
- Unarmored Combat **Don Avenel Kellough** 5/10/14
- Youth Archery **William the Bowman** 10/26/14
- Youth Combat **Preston and Natalyyia Barsova** 5/10/14
- Youth Thrown Weapons **Eagle** 10/26/14



A Song by Lady Briana MacCabe

The Medici's Daughter

Written & performed by Lady Briana MacCabe
for Angels/Altavia Yule, A.S. XLIX

Dedicated to Her Excellency of Altavia, Mistress Cecilia Medici

In fair Florence, I was born
A child of rumor, a child of scorn
From Lady Catherine's arms, I was torn
Forbidden to be the Medici's daughter

A childhood of sadness was all I knew
And a forcèd marriage was fated, too
So, this bird, from her cage did flew
Away from the Medici's daughter

Around the world, I soared in flight
Clothed as a boy, I learned to fight
Steady of hand and keen of sight
So far from the Medici's daughter

Now wiser and stronger, to Firenze I return
With a brave, noble husband and lands I have earned
Brining a lesson my false family must learn:
I AM ALTAVIA'S DAUGHTER!



Period Cooking:
POOR KNIGHTS AND TOAST
By Johnnae llyn Lewis, CE

In the annals of chivalry, England's King Edward III is remembered in part for his long reign, many and various military ventures in Ireland, Scotland, and France, and for establishing the Order of the Garter in 1348. The Most Noble Order of the Garter was and remains the most prestigious of England's chivalric orders. (The well known and much discussed motto of "Honi soit qui mal y pense" is translated generally as "shame on him who thinks evil of it" from the French.) From its earliest creation, the order has been associated with Saint George, England's patron saint. New knights and lady companions of the order are still by traditional announced on the 23rd of April, Saint George's Day with the actual installation ceremonies, service, and annual banquet now being held on a Monday in June during Royal Ascot week.

Also established in 1348 by letters patent was the College of St George, Windsor Castle and within those documents was a provision for the establishment of a charity to serve and maintain impoverished knights. Elias Ashmole in his 1672 book *The Institution, Laws & Ceremonies of the Most Noble Order of the Garter* would describe the founding with these words:

"First then, King *Edward* the Third, out of the great respect he bore to Military honor (of which himself had gain'd a large share) and due regard had of valiant men, chiefly such as had behaved themselves bravely in his Wars, yet afterwards hapned to fall in decay; took care for their relief and comfortable subsistence in old age, by making room for them within this his *Foundation,* and uniting them under one Corporation and join Body, with the *Custo[m]s* and *Canons*; these he called *Milites Pauperes,* and we vulgarly *Poor* or *Alms-Knights."* [Section V: page 158]

These "Poor Knights" or "Alms Knights" (described as "Poor Knights, weak in body, indigent and decayed") were first tasked to serve God in prayer.

"Their duty was to attend the Service of God, and pray for the prosperity of the *Soveraign* and *Knights-Companions* of the *Order,* to be … every day present at high Mass, the Masses of the Virgin *Mary,* as also at Vespers and Compline, from the beginning to the end, except any lawful occasion did impede." [Ashmole. P. 159]

In return the knights received a place to live, the sum of twelve pence a day, and an annual sum of forty shillings. Should one of the Poor Knights come into an inheritance or be cured in some way of their adverse misfortune, he was to be removed from the college and replaced by another impoverished knight. The original number was twenty-six, but the number of knights varied over time. Ashmole notes the Poor Knights also performed certain ceremonial functions in connection

with the Order of the Garter for which there was a ceremonial costume. "To each of these *Alms-Knights* was appointed for their Habit, a …*Red Mantle,* with a Scutcheon of St. *George,* but without any Garter, to surround the same."

The conditions and fortunes of the Poor Knights ebbed and flowed over time. Ashmole notes during the reign of King Henry VI, the treasurer of the College refused to pay the due annum of forty shillings due to quarrels and dissention. King Henry VIII included the Poor Knights in his will; his intent was to cap the number at thirteen and fund the order with properties and rents. Under Queen Elizabeth I, new statutes were finally drawn up in 1559 to regulate and fund the Poor Knights. Sources vary, but 1559 is also the date given as to when specific almshouses were created for housing the aged veterans. Even during the period of the Commonwealth in the 1650s, Oliver Cromwell's government recognized the role of the Poor Knights. A 1655 ordinance states:

"His Highness the Lord Protector being zealous to continue and establish all Works and Foundations tending to the Advancement of Learning, or any other Charitable and Pious Vse or Vses whatsoever; and more particularly the Charitable and Pious Work and Foundation of the Alms-Houses, and Alms-Men, called *Poor Knights*… belonging to Windsor Castle;*" [29-30]*

The 1655 ordinance ends with the caveat, however, that the said Charitable and pious uses were not to be "superstitious nor derogatory to the Government now established, nor repugnant to any the standing Laws of this Nation." [p. 37] In the 1658 *The New World of English Words*, Edward Phillips would define the knights as "poor Knights, who have no other sustenance, but the allowance of this house, and are also called poor Knights of Windsor, the site of this Colledge being the Castle of Windsor...." In 1833 King William IV changed the name of the community to the Military Knights, removing the terminology and adverse connotations of the word "Poor." The Order as the Military Knights still exists with housing at Windsor Castle. Their current duties include attendance at royal events at Windsor, Sunday morning services, and to remember the Queen and the Knights of the Garter in their daily prayers.

****

Having briefly described the history of the chivalric Poor Knights, it's time to address the "Toast" part of this brief essay, and yes, that means "toast" as in bread dipped in egg and then fried. In the English medieval period this dish using up stale bread was commonly known as *pain perdu*, but strangely enough there came to be a time in the seventeenth and early eighteenth centuries when the French toast like dish of *pain perdu* came to be known as "Poor Knights" or "Poor Knights of Windsor." The term reappears in many modern gastronomical histories and cookery books and causes no end of amusement and comment.

What we do know is *Pain perdu* has a long culinary history in England. *The Oxford English Dictionary* describes it as dishes made of stale bread, from "Middle French, French *pain perdu*, lit. 'lost bread'." The *Concordance of English Recipes'* glossary defines it as "bread 'lost' in egg batter and fried." But was the bread or pain lost? Australian food historian Janet Clarkson, who blogs as "The Old Foodie" writes, "In old books it is called *pain perdu*, which is usually translated as *lost bread*, but I prefer the idea that it is a corruption of *pain pour*

Dieu, or *God's bread*." She also notes, "The same idea goes by a myriad other names: Poor Knights, Golden Bread, Bread Fish, Gypsy Toast, and Gilded Slices for example." In the modern USA, the dish is French toast and in modern Britain the dish may be termed as "eggy bread". It also turns out French toast in Louisiana and especially in New Orleans may be found on menus under the name of *Pain Perdu*. This Creole association seems to have first occurred in the 19th century.

Be it lost or not, numerous sources and blogs like to trace *pain perdu's* history as far back as to the Roman gourmet Apicius, but even without mentioning the famed Roman culinarian's recipe for soaked bread fried in butter and eaten with honey, the recipe for *pain perdu* can be found among the earliest of English manuscripts. In our 2006 *Concordance of English Recipes*, we traced five early medieval recipes. Here are those five versions in chronological order:

From the Harleian MS 279 dated about 1435

.xliij. Payn pur-dew.—
Take fayre ȝolkys of Eyroun, & trye hem fro þe whyte, & draw hem þorw a straynoure, & take Salt and caste þer-to; þan take fayre brede, & kytte it as trounde3 rounde; þan take fayre Boter þat is claryfiyd, or ellys fayre Freysshe grece, & putte it on a potte, & make it hote; þan take & wete wyl þin trounde3 in þe ȝolkys, & putte hem in þe panne, an so frye hem vppe; but ware of cleuyng to the panne; & whan it is fryid, ley hem on a dysshe, & ley Sugre y-nowe þer-on, & þanne serue it forth [forht]. [Austin, p. 42]

From the Harleian MS 4016 dated about 1450

Payn□ purdeuz.
Take faire yolkes of eyren□, and try hem fro the white, and drawe hem þorgh a streynour; and then take salte, and caste thereto; And then take manged brede***.** or payn□man□, and kutte hit in leches; and þen□ take faire buttur, and clarefy hit, or elles take fressħ grece and put hit yn□ a faire pan□, and make hit hote; And then□ wete þe brede weⱡⱡ there in þe yolkes of eyren□, and then ley hit on□ the batur in þe pan□, whan□ þe buttur is al hote; And then□ whan□ hit is fried ynowe, take sugur ynowe, and caste there-to whan□ hit is in þe dissħ, And so serue hit fortħ. [Austin, p. 83]
[Austin noted: * Douce MS. maynche brede. Manchet.]

From MS Beinecke 163, [f.69v] dated 1460, comes this version. Constance Hieatt chose this recipe as her "epitome" version for *The Culinary Recipes of Medieval England*.

Take paundemayn or fresh bredd pare a wey the crustys cut hit in schyverys fry hem a lytyll yn claryfyd hony buture have yolkes of eyron drawyn thorow a streynour & as hote as thu may ley the brede ther yn that hit be al helyd with bature then fry in the same bature & serve hit forth & strew on hote sygure. [Hieatt. *An Ordinance of Pottage, p. 79*]

From the Holkham MS known as *A Noble Boke off Cookry* dated about 1475

To mak payn pardieu tak paynmayne or freshe bred and paire away the cruste cutt them in schyues and fry them alitill in clarified butter then tak yolks of eggs drawe throughe a strene as hot as ye may and lay the bred ther in and turn it therin that they be coueryd in batter and serue it and straw on sugur enowghe. [Recipe as printed in *A Noble Boke off Cookry]*

From the Harley MS 5401 dated 1490

50 Payne Puredew. Recipe shyves of whyte brede & toste pam; pan take pe 3olkes of egges & swyng team, & turn pe brede perin, & fry it in grece or buttur, & serof it forth. [Hieatt, *Medium Aevum*]

In the sixteenth century, the recipes trail off and are not part of the printed culinary literature. Starting in the seventeenth century, Gervase Markham included a recipe for the dish under the name "panperdy." (Hint: read the title aloud.)

To make the best panperdy.

To make the best Panperdy, take a dozen Egges, & breake them, and beate them very well, then put vnto them Cloues, Mace, Cinamon, Nutmeg, and good store of Sugar, with as much Salt as shall season it: then take a Manchet, and cut it into thicke slices like tostes; which done, take your frying pan, and put into it good store of sweete Butter, and being melted lay in your slices of bread, then powre vpon them one halfe of your Egges; then when that is fryed, with a dish turne your slices of bread vpward, and then powre on them the other halfe of your Egges, & so turne them till both sides be browne, then dish it vp, and serue it with Sugar strowed vpon it. [Markham. *The English Housewife*. 1615, 1631.]

Jos. Cooper included the following recipe in his 1654 cookery book.

How to fry Toster.

TAke a stale Manchet and cut them in round slices like Tostes, and wet them in Muscadine, then beat ten Eggs very well and fry your Tostes in Butter, then pour halfe the Eggs on the Tostes as they are in the pan, and fry them browne, then turne the Tostes and pour the residue of the Eggs as before, and fry that side; then dish them, and pour Rosewater, Butter, Sugar, and a little grated Nutmeg and Cynamon, well beat together, on them, and serve them up hot. [Cooper. *The Art of Cookery Refin'd and Augmented. 1654. p86.]*

Dating from the same period of time, W. M.'s *The Compleat Cook* contains two recipes of interest. The first is:

To make Toasts.

Cut two penny Loaves in round slices and dip them in half a pint of Cream or cold water, then lay them abroad in a Dish, and beat three Eggs and grated Nutmegs, and Sugar, beat them with the Cream, then take your frying Pan and melt some butter in it, and wet one side of your Toasts and lay them in on the wet side, then pour in the rest upon them, and so fry them; send them in with Rosewater, butter and sugar. [W.M. The Compleat Cook. 1655]

And here is a recipe in the same work for

To make poore knights.

Cut two penny loaves in round slices, dip them in half a pint of Cream or faire water, then lay them abroad in a dish, and beat three Eggs and grated Nutmegs and sugar, beat them with the Cream then melt some butter in a frying pan, and wet the sides of the toasts and lay them in on the wet side, then pour in the rest upon them, and so fry them, serve them in with Rosewater, sugar and butter. [W.M. The Compleat Cook. 1655, 1658]

The above recipe for Poor Knights enters the culinary canon then in the 1650s. *OED Online* defines the

dish as: "Poor Knights *n.* (also with lower-case initials) orig. *Brit.* (more fully Poor Knights of Windsor) a type of dessert, typically made using stale bread and milk, and sweetened with sugar, jam, etc.; = pain perdu *n.*" According to the *OED*, French toast is also seventeenth century. It enters the culinary canon in 1660 with Robert May's masterpiece *The Accomplisht Cook.* May actually included a number of recipes for "Toasts of divers sorts." Of interest are:

First, in Butter or Oyl.
TAke a caste of fine roles or round manchets, chip them. and cut them into toasts, fry them in clarified butter, frying oyl, or sallet oyl, but before you fry them, dip them in fair water, and being fried, serve them in a clean dish piled one upon another, and sugar between. *Otherwayes.* Toast them before the fire, and run them over with butter, sugar, or oyl.

Cinamon Toasts.
CUt fine thin toasts, then toast them on a gridiron, and lay them in ranks in a dish, put to them fine beaten cinamon mixed with sugar and some claret, warm them over the fire, and serve them hot.
And lastly,

French Toasts.

CUt French Bread, and toast it in pretty thick toasts on a clean gridiron, and serve them steeped in claret, sack, or any wine, with sugar and juyce of orange. [May. *The Accomplisht Cook*. 1660]

Randle Holme in his encyclopedic volume *The Academy of Armory* published in 1688 described the dish "*Poor Knights,* are slices of White Bread dipt in Eggs, Cream and Sugar, fryed in Rose Water and Butter." "*Toasts,*" he wrote, "are shives of Bread, dried, and made hard and hot before a Fire." He did not include "French toasts." Half a century later, in 1723, John Nott published his *Cooks and Confectioners Dictionary*. The work is a most interesting one for food historians as it was largely complied from seventeenth century works of cookery. Nott includes both recipes for "Cream-Toasts, or Pain Perdu" and "To make poor knights." Noted English food historian Elizabeth David created a glossary for the Rivington facsimile edition of 1980. David suggests *pain perdu* might be lost bread, but it also might be "waste" bread. In her entry on "Poor Knights" she writes, "How the venerable dish of left-over bread, steeped in cream or wine and beaten eggs, fried in butter and be sprinkled with sugar and rosewater, came to be particularly associated with the Poor Knights I have not discovered."

The newly released (October 2014) revised edition of the *Oxford Companion to Food* in its longer and more complete entry on "Poor Knights" says of the dish, "The origin of the curious name, sometimes expanded to 'poor knights of Windsor' is a puzzle, although the Danish name *arme riddere* and the German *Arme Ritter* may be earlier and may provide the explanation." The entry ends with the assertion, "After the 1730s, the English cooks reverted to the name pain perdu." But even here we find a later recipe. Elizabeth Cleland in 1755 offered up her recipe for Poor Knights. Correcting for the original long "s", the recipe from 1755 reads: Poor Knights of Windsor.

TAKE a Roll, and cut it into Slices; soke them in Sack, then dip them in Yolks of Eggs, and fry them; serve them up with beat Butter, Sack and Sugar. [Cleland. *A New and Easy Method of Cookery*. 1755]

Nothing, it seems, is clear-cut or absolute when it comes to the dish. Why, of course, would a dish like *pain perdu* with a long and established tradition of its own suddenly appear or adopt a new name, keep it for some decades, and then revert back to its previous name? Did it suddenly become a dish served to residents of Windsor Castle's College of St. George? In actuality it seems that in the 17th century, versions of the dish seem to have been known under a variety of names. Even in the 20th century here in America, there were versions of French toast known as German toast; they can be found in no less a source than Fannie Farmer's *The Boston Cooking-School Cook Book* of 1918.

Perhaps John Thorne said it best when he wrote, "Why? No one knows for sure." It is, I agree, a culinary mystery, but a delicious one to be sure!

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Baronial Officers

Baron is THL Cristofanus Castellani **Baroness** is Mistress Cecilia Medici	(Baron@sca-altavia.org) (Baroness@sca-altavia.org)
Chief Lady-in-Waiting is Lady Muirgein ingen Ailella and Lady Briana MacCabe	(court@sca-altavia.org)
Captain of the Guard is THL Nikolaos Phaistos	(guard@sca-altavia.org)
Seneschal is THL Madelena Hidalgo de Valencia **Deputy Seneschal** Baroness Yssbell inghean Bhaltair	(seneschal@sca-altavia.org)
Captain of Archers is Lord Gendu Secen **Deputy Captain of Archers** is THL Nikolaos Phaistos	(archery@sca-altavia.org)
Arts & Sciences Officer is Lord Luca Serafini da Firenze	(arts@sca-altavia.org)
Chatelaine is Lady Catriona inghean Diarmada	(chatelaine@sca-altavia.org)
Children's Minister is Lady Fara MacGregor **Deputy Children's Officer** is THL Tezar of Aeolis	(children@sca-altavia.org)
Chiurgeon is Lord *Caine* Dorcha **Deputy Chiurgeon** is THL Cecilia Medici	(chiurgeon@sca-altavia.org)
Chronicler is Lord Charles Ivansen of Borreby	(chronicler@sca-altavia.org)
Constable is THL Thorin O'Seaghda	(constable@sca-altavia.org)
Exchequer is Lady Leonor de Sevilla	(exchequer@sca-altavia.org)
Herald *(Sable Fret Cornet)* is THL Damien von Baden **Court Herald** is THL Tezar of Aeolis	(herald@sca-altavia.org)
Lists Officer is THL Matlens Litovka	(lists@sca-altavia.org)
Marshal is Sir Thorin O'Seaghdha	(marshal@sca-altavia.org)
Deputy Marshal is Sir Eronric of Devon	
Deputy Marshal for Equestrian is Dona Lady Virgina Read	(equestrian@sca-altavia.org)
Deputy Marshal for Armored Combat is Sir Thorin O'Seaghdha	(marshal@sca-altavia.org)
Deputy Marshal for Rapier is Don Colwyn Stagghorn	(rapier@sca-altavia.org)
Deputy Marshal for Thrown Weapons is THL Nikolaos Phaistos	(tw@sca-altavia.org)
Deputy Marshal for Unarmored is Mistress Cecilia Medici	
Deputy Marshall For Youth Combat is Sir Uilliam of Altavia	(youthcombat@sca-altavia.org)
Scribe is Ysabel d'Outremer	(scribe@sca-altavia.org)
Webwright is Dame Lynnette de Sandoval del Valle de los Unicornios **Deputy Webwright** are Gendu Secen, and Lady Briana MacCabe	(webwright@sca-altavia.org)

Meetings & Practices in the Barony

Business Meetings

- **Council Meeting**

  2nd Tuesday of the month, 7:00pm location TBD (contact Seneschal for information)
  This is the monthly business meeting for the group. There are officer reports, event reports, discussion of Baronial involvement at the Kingdom Level, choosing new officers, when necessary, and announcements. Baronial decisions are made here, and you do have a voice. **Everyone is welcome (and encouraged) to attend the meeting!**

  Pre-Meeting work session and officers arrive by 7:00pm. Meeting starts at 7:30pm.

  Contact the Seneschal for details

- **Newcomers' Meeting**

  Once a month, usually on the 4th Monday of the month, 7:00pm at *Verdugo Park in Burbank, 3201 West Verdugo, Burbank CA, 91505*. Directions: Off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts. This is the same location as our weekly Fighter Practice.

  We meet at the stone tables next to the restrooms; look for Bridget's Red Lantern!

  These classes cover a general overview of the SCA and the types of events we hold in Caid. Please bring your questions and wonderful smiles. We look forward to seeing everyone there!

  Contact the Chatelaine (chatelaine@sca-altavia.org) for directions and dates.

Combat Practices

- **Archery Practice**

  The first and third Sunday of the month, 11:00am to 3:00pm At Woodley Park Archery Range, directions are http://woodleyparkarchers.org/direction

  Additional practice times are available most **Tuesday and Friday nights**. Contact the Captain of Archers to verify dates and times.

  Contact ahead for loaner gear. Lord Everglad is there on most Wednesday nights and Saturday mornings for authorization tests and help in shooting.

  Contact the Captain of Archers (archery@sca-altavia.org) for more information.

- **Equestrian Practice**

  Practices are held on various Fridays of every month, 6:30-8:30PM at Conejo Creek Equestrian Park, 1350 Avenida de las Flores, Thousand Oaks, CA 91360.

Open to any participants regardless of territory of residence. Rider must bring their own mounts. Unmounted ground crew training available. Authorizations available. Jousting, mounted combat, crest combat, mounted games, marshalette/marshalette-in-training, and general riding authorizations available on site. General driving and driving games authorizations available subject to prior coordination. Mounted archery authorizations available offsite. Riders are advised to bring their normal tack and equipment. No rental horses are available. Minors must have a parent or guardian present at all times.

Please contact the Marshal in Charge: Lady Lysette (equestrian@sca-altavia.org). For more information, visit the CAID equestrian site (http://equestrian.sca-caid.org/) or the Altavia Equestrian webpage. (http://www.sca-altavia.org/Meetings/Equestrian/index.html). Join the Altavian Equestrian Email group (http://groups.yahoo.com/group/AltavianEquestrian/)

- **Fighter Practice -- Armored Combat**

  Every Monday, 7:00pm to 9:30pm at *Verdugo Park in Burbank, 3201 West Verdugo, Burbank CA, 91505*. Directions" off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts.

  Contact the Heavy Weapons Marshal (heavy@sca-altavia.org) for more information or to request to join the practice information E-mail list (http://groups.yahoo.com/group/fretfights/).

  Guardians of the High Road (http://wiki.caid-commons.org/index.php/Guardians_of_the_High_Road)

- **Fighter Practice -- Rapier**

  Every Monday, 7:30pm to 9:30pm at *Verdugo Park in Burbank, 3201 West Verdugo, Burbank CA, 91505*. Directions: off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts.

  Contact the Rapier Marshal for more information

- **Fighter Practice -- Youth Combat**

  Twice a month - 2nd and 4th Mondays, 7:30pm to 8:00pm at *Verdugo Park in Burbank, 3201 West Verdugo, Burbank CA, 91505*. Directions: off of Verdugo, turn North onto California and we are on the right hand side, half way down the block near the tennis courts.

  Contact the Youth Combat Marshal for more information

- **Thrown Weapons Practice**

  The first and third Sunday of the month, 11:00am to 2:30pm at Woodley Park Archery Range, directions are http://woodleyparkarchers.com/directions.html

  Contact ahead for loaner gear. Lord Everglad is there on most Wednesday nights and Saturday mornings for authorization tests and help in shooting.

  Contact the Thrown Weapons Marshal (tw@sca-altavia.org) for more information and to varify dates and times.

Arts & Sciences

- **Arts & Science Workshops (aka Craft Nights)**

  The 4th Tuesday of the month, 7:00pm to 9:00pm location TBA. Please contact the A&S Officer or the Seneschal information on meeting locations. Bring your sewing or craft project to work on or help us make Baronial Presentations. The meetings sometimes have a project theme, which is usually published on the Altavia E-mail list (http://groups.yahoo.com/group/altavia/).

  Contact A&S Officer (arts@sca-altavia.org) for details.

- **Bardic Circle**

  Hosted by Baron Sir Charles of Dublin at the home of Baron Sir Robear du Bois. Contact the A&S officer (bardic@sca-altavia.org) for directions. The Bardic Circle will be pick, pass or play. For those who are new, this means that, as we go around the circle, you have the choice of:

  1. Picking someone to perform something you like or something they want to do
  2. Passing your turn to the next person
  3. Performing yourself

  This way you can relax & listen, perform, hear your favorites, or mix it up.

  Contact The A&S officer (bardic@sca-altavia.org) for dates, directions, and further information.

- **Children's Activities**

  Children's activities are held at every event that Altavia sponsors.

  Contact the Children's Officer (children@sca-altavia.org) for information or offers to help.

- **Culinary Guild**

  Special interest group for All Things Delicious to eat and drink, by the Barony of Altavia, the north-west Los Angeles County group of the Society for Creative Anachronism. Everyone is welcome in our discussions of recipes, historical research and events based around the food and beverages of the Middle Ages and Renaissance.

  Meetings happen once a month. Contact the Guild through their Facebook page here: http://www.facebook.com/groups/242868192471271/

- **Dance Practice**

  Belly Dance every Monday, 7:30pm at *Verdugo Park in Burbank, 3201 West Verdugo, Burbank CA, 91505.* Directions: off of Verdugo, turn North onto California and we are on the right hand side, half way down the block).

  Tribal style belly dance practice. We have a mixture of absolute beginners, beginners and old pros. It's outside so dress warmly. Its lots of fun!

  We are near the tennis courts and, as we practice next to the Heavies Fighters, just look for the fierce men and women in armor!

- **Potters Guild of Caid**

  Meets once a month, contact Baroness Asakura Machime (chronicler@sca-altavia.org) for meeting times and location. To provide a supportive organization for ceramic artists of all skill levels. To provide an opportunity to network and share knowledge and techniques through workshops, special events, and at Arts and Sciences displays. To provide populace awareness and appreciation for ceramic artists and their work. To promote period creation, education and high quality work among our members.

  Potter's_Guild_of_CAID Yahoo group (http://groups.yahoo.com/group/Potters_guild_of_CAID/)



Altavia Baronial Council Meeting Minutes

Tuesday, November 11, 2014
Community Room, Sherman Oaks Galleria

Baronial Comments

It's already November, we had a fabulous Agincourt thanks to our Stewards - Monique, and Gendu , Niko and Cormac for Archery and Thrown Weapons. Mercy and Rayne for Fretted Fork and Lynnette for Fiber Play Day. And we have new champions! Yeah!

It was well attended and thank you all who assisted in making our day comfortable and run smoothly.
We had a small but fun group at Dreiburgen Ann. And so much support at Coronation thanks to Flaxen Abbey for keeping us looking good throughout the day. And Thanks to Niko for representing Altavia at Calafia.

We will be at Isle Anniversary and Cristof will go to Naevejhem anyone who would lie to carpool give a call.
We plan on going to Dun Or Yule and our own Duel Yule. I'll talk about Yule later. We would like your suggestions on awards for the small court we will have at Yule. Also to clarify the Vert Fret award: Any one can nominate/suggest a per form (heavies to Equestrian) It is up to that forms previous recipients to go over the names and add to their own form. Email, text what ever necessary to get us names.

Thanks to all who have helped and if you know anyone who may want to serve on Court and Guard let us know so we can get them favors.

Anniversary will be here sooner than we expect and Baron Cristof will take over, if needed, and theme would be Cotton the fabric of your life! I have approached some candidates to take on overseeing the event committees as Steward. Please let the helium hands rise if you're available and willing to help in any way. It is highly recommended that you use the Steward check off list in our files.

We need 2 favors for Yule and 5 for Anniversary, if you have been given any to work on please bring them back to us in what ever form they are in.

Largess is always needed. Thank you to Luca and Mercy who have donated a lot. Please everything is welcome as largess whether made/baked or just have on hand. You guys Rock.

~Cecilia

It was a great war, I really enjoyed Agincourt and was surprised by how many people we had.

~Cristof

Seneschal Comments

- Update your wiki page! It's where we keep our history.
- Looking to step down at Anniversary. Briana is deputy and will step up as the next Seneschal.
- Officer vacancies need to be filled.
- Rapier peerage. When the time comes, please send in your opinions on this to the BoD!
- Fret Knot submissions. There will be an issue in December, please send Charles anything you have that could be published.

Minutes Approval: no minutes to approve this month.

Old Business

- **Caid Rapier Open** - no event stewards here. It will close next month money-wise
- **Agincourt Archery** - Monique - We had Agincourt. It was nice. Weather was beautiful. It was King Agrippa and Queen Bridget's last event before stepping down. 80+ in attendance. Some heraldic display. Made money at the raffle: $150. 6th anniversary of Monique being in the SCA. Waiting for Courtney's receipts for Royals lunch.

Ongoing Business

- **Altavia-Angels Yule –** (12/13/2014) THL Nikolaos Phaistos:

  Yule report for November.

  The kingdom calendar is updated. The new FB page cover is up.

  Griffin freehold has volunteered to help with clean up.
  Lorissa will be in charge of food distribution.
  Liam the Talker will be making candle center pieces for the populous.
  Current bardic champions have been contacted to run the bardic competition.
  Fu Ching has a special prize for the table decoration contest.
  Most other prizes have been donated by the respective Excellencies.
  Aethelwynn will be setting up the dressing room once again.
  Charles and Aurora will not be playing, but can bring music system.
  The gleaners have not been asked yet about recycling.
  Elena is heading the attendance of Father Christmas.
  I will be buying hooks for banners and such.
  We will need a few power strips for crock pots.
  We will need table clothes for the food tables.
  We need confirmation of the meats that our baronies are providing.
  We will be having a meeting/ walk through of the hall on November 23rd at 11:00am.
  We are almost ready!
  Niko

- **New Council Meeting Site** - Madelena - We need a new permanent site for council meetings and A&S as the community room at the Galleria is just not working out. Some possibilities include Niko's church, lots of parking, centrally located and will be good for A&S. Monique will look into the community room at her trailer park. This will be discussed further over email. The financial committee approved Niko investigating whether we can use the church for December and how much it might cost.

New Business

Officer's Reports

- ***Archers - Lord Gendu Secen :*** Archery is alive and well in Altavia.

  Agincourt October 26th: Went very well, we had 28 adult archers and 2 youth archers. Paganus consented to run lists. Winfred Archer defeated Hugh Ap Rhys in the final round.
  Practice October 19th: Cancelled to encourage people to attend Caid Open Archery, Crossbow and Thrown Weapons
  Practice November 2nd: Cancelled to encourage people to attend coronation and queens champion.

  Gendu Secen
  Captain of Archers

  Storage for saunders mats will be at his Excellency's friend's shed, once we have a contract written.

  There will be changes at Woodley but they will be good for us. The range will be closer to where the rest of the event takes place.

- ***Arts & Sciences - Lord Luca Serafini da Firenze:*** We are postponing classes until the start of the new year.

  However, if there is word of someone wanting to teach a class, or just get together to share knowledge about an art or science, then send em my way.

  Also, since it is getting "cooler" and darker, would it be possible to look for a venue to start having A&S classes indoors?

  Yule is approaching quickly and we are going to have a blast with the competing families game-a-thon, which I will be heading. So, brush up on your games, and we'll see you there.

- ***Chatelaine - Lady Catriona inghean Diarmada:*** Oh Hi! (I'm sorry!)

  I will not be able to make it tonight.
  We had one person at newcomers meeting last month.

Our next meeting will be November 24 and the subject will be Arts and sciences..I would greatly appreciate it if any of our artisans could come out and show off your stuff.
We are working on getting at work for a sign from Walter Reed. The sign is going to hang on Colfax for free! This could be a great recruiting till for us. Madelena and I are working to get info in order and submit it to the school.
I will begin recruiting for the demo at upcoming events.

YIS
Lady Caitriona inghean Diarmada
Chatelaine of Altavia

- ***Children – Lady Fara MacGregor (Deputy: Baroness Tezar of Aeolis)*:** No report.
- ***Chirurgeon* – Vacant (Deputy: Vacant):** No problems to report.
- ***Chronicler – Lord Charles Ivanson (Deputy: Vacant)*:** Hello everyone, I'm sorry that I am not able to attend tonight's meeting due to working nights (boo). There is nothing to report Chronicler-wise. After Thanksgiving I am going to start working on the next issue and aim to have it out at the end of December. It will contain the upcoming events for the next quarter (January - March) as well as juicy, gossipy articles on what is happening in Altavia. Cheers!

- ***Constable – Sir Thorin vordr O'Seaghdha (Deputy Pro Tem: Yusef):*** No report.
- ***Exchequer – THL Leonor de Seville (Deputy: THL Eirikr Mjorsiglandi)*:** We have money!

  Caid Rapier - 54 adults, 2 children, 4 non-members. Lost $65.
  Agincourt - Approximately 80 people.

  Leonor needs a deputy and she is working on someone.

  If you're running an event and spending money but not turning in receipts, please still tell the Exchequer want is being spent so we have an idea of what we're really spending.

- ***Herald – THL Damien von Baden (Deputy: THL Tezar of Aeolis):*** Greetings!

  The next kingdom heraldry meeting is Sunday Nov. 16.
  I will not be attending.

  If you hear of someone coming from out of Kingdom, please send them Damien's way to get them added to the Roll of Arms.

  That is all.
  Enjoy!

- ***Lists – THL Matlens Litovka (Deputy: Vacant):*** No report. We really need someone to take this over.
- ***Marshal - Sir Thorin vordr O'Seaghdha (Deputy: Vacant):*** No report.
- ***Marshal, Equestrian – Vacant (Deputy: Lady Lysette of Altavia)*:** Their Excellencies reported that their is talk of doing horse archery demo at next year's GWW. Corrina and Anthony have a friend that does this around the world and will get us in touch with her.

- ***Marshal, Rapier – Don Colwyn Stagghorn (Deputy: THL Nikolaos Phaistos and Luca Serafina da Firenze)*:** This months practices were a little less attended with 6 or 7 fighters every week.
  At the Nov. 3rd practice, we had 7 fighters, one newbie, and 1 new transplant from Calafia.

  Rapier is strong as always.

- ***Marshal, Thrown Weapons – THL Nikolaos Phaistos (Deputy: Vacant):*** October 19th practice cancelled because of CAID thrown weapons open. The Open was won by an Altavian, Niko Phaistos and run by another Altavian, her Excellency, Cecilia.

  November 2nd practice was cancelled due to Queens Champion. November 15th practice may be cancelled in order to attend Naevehjem archery and thrown weapons competition.

  Thrown weapons is well.

- ***Marshal Pro Tem, Unarmored – Vacant (Deputy: THL Nikolaos Phaistos)*:** On Oct. 27th we has two fighters. A fighter from Calafia agreed to teach a class at November's practice. It is not solidified yet, but it seems like a great opportunity.

  I did notice we need at least two more swords for an effective class when we get more new fighters.

- ***Marshal, Youth Combat* – THL Uilliam Mor MacGregor (Deputy: Lady Lyonette):** No report.

- ***Seneschal – THL Madelena Leonor Hidalgo de Figueres (Deputy for Social Media: Lady Briana MacCabe):*** See Seneschal notes at the beginning of the minutes.

  Social Media – Lady Briana MacCabe: We're now up to 151 likes on the Facebook page and 291 members on the Facebook group, thanks to a recent influx of new people to both groups.

  The most popular posts seem to be the weekly rundown of what is happening at fighter practice, can't tell if it's actually bringing more people in or not. Might need to figure out a way to track this.

  I created a Facebook event for this month's council meeting. We'll see tomorrow night if it brings out more people or not. When we have A&S evenings again, I'll also create events for that. Do you think it would be a good idea to create them for fighter practices as well?

  That's all the gnews that's gnew this month!

- ***Webwright – Dame Lynnette Sandoval del Valle de los Unicornios (Deputies: Lord Gendu Adarmaghedi, Lady Briana MacCabe):*** The Baronial Progress page has been updated through Altavia Anniversary next year. The B&B comments/Altavia News section was updated for November. The Yahoo group reminder for the Thursday practice was corrected to remove Rapier from the activities taking place.

The Yahoo group reminders for the Monday night practice stopped working. Lynette fixed them but we need to think about other ways to get reminders out there (see FB event posting info from Social Media). We need to see who might be interested in taking over as Webwright.

Announcements

Cecilia needs a new chief lady (or two) with Muirgein leaving and Briana stepping up as Seneschal soonish. If you know of interested parties, please let her know.

Niko needs people to take over some of his many positions.

It's almost the end of the year...start thinking about your Officer Reports.

***Next Council Meeting*:** Next meeting, Tuesday December 9, 2014, Location TBD

The meeting was officially adjourned at 8:48 p.m.

Altavia Baronial Council Meeting Minutes

December 9, 2014

Riviera Mobile Estates, Canoga Park

Baronial Comments: Happy Holidays to you All.

Cristof and I went to Dun Or's Yule and had a fabulous time (thanks to all who helped eat the rest of the rice krispy yule log) we were joined by Niko and his lovely lady Stephanie. Christof's chicken alfredo was a big hit, we plan on doubling the amount for Yule so more can partake. The youth are always big on pasta :). We now have quite a list of awards to give on Sat. There is still time to recommend someone, if you haven't yet. So I will be putting small bowls of snack things (popcorn or crackers) so people do not faint from hunger during court.

Last month we went to Isles Anniversary where our very own Niko tied in a people's choice Rapier Competition, he also won the Archery competition the next day in Naeveheijm's Archery championship. Congrats Niko!

After Yule I hope everyone enjoys the rest of December before our new year of exciting and fun events come up. We will be at 12th night, I hope to see you all there as well.

~Cecilia

Seneschal's Report: We discussed two emails that came through on the kingdom seneschal email list. The first re-emphasized alcohol rules in the SCA, specifically that it cannot be given as official presentations. The second email addressed the fact that no group should be charging more than the $5 BOD-determine non-member fee.

Minutes Approval: October Minutes: Lynnette Motioned. Cecilia Seconded. Approved.
November Minutes: Lynnette Motioned. Cristof Seconded. Approved.

Old Business: (Items that have been or need to be finished)

- Agincourt Archery - Lady Monique Agincourt is closed. 92 adults. 3 kids. 21 non-members. Made $239 on the raffle. Eadric was a great help with raffle. Will be doing another one at Anniversary.

Ongoing Business: (Items in process)

- Altavia-Angels Yule – (12/13/2014) THL Nikolaos Phaistos: We are almost ready. Two weeks ago we had a meeting about decorations and it went well. I also met with house valentine and we came up with some great game ideas. We have been advertising aggressively and will continue to this week. Last Sunday, I set up most of the tables and chairs in the hall, so we will not have too much work on Saturday. Still need to do some shopping, but we are in good shape.
- New Council Meeting Site - Madelena: This site is looking pretty good for council meetings. Maybe not for A&S. Niko will check with his church if A&S is ok. The financial committee will discuss this plan.

New Business:

- *No new business was discussed.*

Officer's Reports

- Webwright – *Dame Lynnette Sandoval del Valle de los Unicornios (Deputies: Lord Gendu Adarmaghedi, Lady Briana MacCabe)*: The Altavia News section of the website has been updated as well as the Meetings page. Altavia's page on the Caid Wiki has also been updated, if further changes are needed please send them to webwright@sca-altavia.org. We hope we have a new webwright, Alice, soon but will need to train her and phase her in at a reasonable rate.
- Seneschal – *THL Madelena Leonor Hidalgo de Figueres (Deputy for Social Media: Lady Briana MacCabe)*: Social Media: 156 likes on the FB page. 296 members in the FB group. I'm working to ensure that all of our meeting info is up-to-date on all platforms. Planning to draft MeetUp blurbs over my winter break.
- Marshal, Youth Combat – *THL Uilliam Mor MacGregor (Deputy: Sir Thorin vordr O'Seaghdha, Lady Lyonette)*: No report.
- Marshal Pro Tem, Unarmored – *Vacant (Deputy: THL Nikolaos Phaistos)*: November 24th we had Orion Martyn from Calafia teach a long sword class. Six people attended with 4 fighters and 2 observers. Fun was had by all. I did notice we need at least two more swords for an effective class when we get more new fighters. Need a fundraiser for gear, maybe gear for extra lives.
- Marshal, Thrown Weapons – *THL Nikolaos Phaistos (Deputy: Vacant)*: November 15th practice was cancelled in order to attend Naevehjem archery and thrown weapons competition. November 30th practice was cancelled due to rain, no really, it rained. Dec. 7th practice was ran by Baroness Cecilia and we had about 10 people. We lost one 12 inch throwing knife at Agincourt. Thrown weapons is well.

- Marshal, Rapier – *Don Colwyn Stagghorn (Deputy: THL Nikolaos Phaistos and Luca Serafina da Firenze*): Holidays and weather have cut attendance, but we are still having practices. On November 24th we had 6 fighters. Meala Campbell taught a cut and thrust class. On Dec 1st we only had 3 fighters. It was Cold and wet. Rapier is strong as always.
- Marshal, Equestrian – *(Deputy: Lady Lysette of Altavia)*: No report.
- Marshal - *Sir Thorin vordr O'Seaghdha (Deputy: Vacant)*: No report.
- Lists – THL Matlens Litovka (Deputy: Vacant): I have nothing to report, but wish everyone Happy Holidays!!!!
- Herald – *THL Damien von Baden (Deputy: THL Tezar of Aeolis)*: December's Heraldry meeting was last Sunday. I did not attend. Next meeting will be in January. I will know the date when it is announced.
- Exchequer – *Lady Leonor de Seville (Deputy: THL Eirikr Mjorsiglandi)*: Everything's good…we have money.
- Constable – *Sir Thorin vordr O'Seaghdha (Deputy Pro Tem: Yusef)*: No report.
- Chronicler – *Lord Charles Ivanson (Deputy: Vacant)*: "Sorry I can't be with you tonight due to evening work hours (boo!) There is nothing to report except that I am starting the next issue of the Fret Knot this week. I will be contacting some of you (for example the Baron and Baroness) for contributions. Leonor, I still have your overlooked submission from last time and it will be included! And anyone else that would like to contribute, please send me an email. All the best to all of you and sorry I won't be at Altavia Yule, that is such a drag! But Aurora will be there!"
- Chirurgeon – *Vacant (Deputy: Vacant):* No report.
- Children – *Lady Fara MacGregor (Deputy: Baroness Tezar of Aeolis)*: No report.
- Chatelaine – Lady Catriona inghean Diamada (Deputies: Lady Murghein, THL Kienna the Blue): I have been sick the past week so rather than share my germs, I will not be attending tonight. Last month we had a newcomers meeting. The subject was Arts & Sciences. While we had many people turn out with examples of their crafts which I appreciated so much, we did not have any newcomers for the meeting. We have decided to go with the pokkit heraldry design for our sign with Walter Reed. I will try to send the paper work to them today and will confirm before the meeting if I can. I will work out next year's newcomers schedule this week and submit that to the webwright. I am going to make an effort to attend add many events as I am able so I can recruit for Walter Reed. I will be at Twelfth Night.
- Arts & Sciences – *Luca Serafina da Firenze (Deputy: Vacant)*: A&S had been put on pause for the holiday months, but will return in January. Briana and I talked about searching for a new venue to host A&S nights, and was wondering if any headway has been made. Need to talk to Thorin about a leather working class. Also, if anyone is interested in teaching a class, lemme know!
- Archers – *Lord Gendu Adarmaghedi (Deputy: THL Nikolaos Phaistos):* Archery is still alive and well despite rumors to the contrary. November 24 was moved to Naevehjem, November 30 was cancelled due to rain. December 6 we had 7 people. We still need a place for the saunders mats, Cristof will check with his contact this week. May donate some to Dun Or.

Announcements

Next Council Meeting – Next meeting, Tuesday, January 13, 2015 at Riviera Mobile Estates, Canoga Park.

Adjournment 8:12 p.m.

Altavia Baronial Council Meeting Minutes

January 13, 2015
Riviera Mobile Estates, Canoga Park

Baronial Comments: Happy New Year to all. Let it be a healthy and prosperous one for us all.

I want to Thank and congratulate Niko and his crew for a fabulous Yule. It was a giant success.
I must apologize to Flaxen Abbey for leaving 12th night for a few minutes not knowing they were calling us 2nd once court opened (that never happens:( ), but thanks to them our presentation was delivered during court.
Cristof and I will not be going to Angels Melee and Cristof may have to work during unbelted, but I will be there with the dragon wing. We are both going to Arts and Archery.

Talon Crescent is coming up and we have a 3 bedroom reserved for Thursday evening and are on a wait list for Friday and Sat. nights. (we should get it but keep your fingers crossed I will check daily). We encourage all to pre-reg. if 5 do we get 500 extra square feet. We will put a pop-up in our camp location to hang out in during the day (and for anyone who wishes to camp). Cristof and I are teaching and running Archery and Thrown Weapons. We will request that our camp be close to the range. The theme is "Fight, Make, Shop, Party". Please contact me if you would like to be put on the list for one of the last spots in the condo.

Asakura is trying to put together Largess nights. We can use help in getting our baskets ready for this coming year.

I'd also like to ask out Anniversary Stewards to pick a date for our first meeting this month and encourage everyone to volunteer for a spot on one of the committees. Let's get the date in the CP.
At 12th night we scheduled some kingdom events. I'll let Briana fill you all in.

~Cecilia

Cristof is home sick and says “Hi!”

Seneschal’s Report: Madelena apologizes that she could not be here this evening. I would like to discuss our bids for Kingdom events for 2016.

> 1st Choice - Fall QC Archery (could be held at GWW)
> 2nd Choice Fall Crown Tourney
> Potential 3rd Choice, Spring Coronation/QC –what are the challenges with finding a site in our area, do we want to try for this?
>
> We could investigate using Niko’s church’s hall or Monique grandson’s school auditorium for Coronation and Veteran’s Park for Queen’s Champion.? We could also try an outside coronation.

We said we'd go for it, Briana will confirm with Dame Ismay that we are interested in trying for this.

Minutes Approval: Lynnette motions to pass as written. Alice seconds. The December minutes were approved, unanimously.

Old Business: (Items that have been or need to be finished)

- Angels Altavia Yule – THL Nikolaos Phaistos

Event Report

Event: **Altavia\Angels Yule**
Event Date: **12/12/2014**
Hosting Group: **Altavia**
Event Location: **St. Mary's Proto-Cathedral 5329 Sepulveda Blvd. Sherman Oaks, CA 91411**
Event Steward(s): **Nikolaos Phaistos, Elena Jardiniz**
Kingdom Event: **No**
Total Attendance: **146**
Total Non-Members: **22**
What was the gate Fee? **$10**

General Summary
Activities: The Theme was Italian Renaissance: Let the Games Begin. All in Attendance were separated into two families: Medici or Borgia. The families competed in table games for points all evening and the winning team, Borgia, shared a treasure chest (Chocolate coins) at the end of the night. There was a Table-Decorating contest, Altavia Chess Championship (Lady Natalyyia won), Angels Games Champion (No info), Altavia Bardic Championship (Briana MacCabe won), Angels Bardic Championship (Seraph)(Lord David Straker Whittaker), and Culinary contests sponsored by Baron Peter Cadarn: Best Side Dish (THL Kiena le Blue), Best Main Dish (THL Fu Ching Lan), Best Dessert (Dame Lorissa du Griffin) and People's Choice (Viscount Sir Morven of Carrick). We had a Toys for Tots toy drive as well and an Italian Backdrop Photo Scene was provided for Renaissance, holiday pictures. Baronial awards were presented. For Angels, three new members into the Order of the Seraphic Star were selected : Dame L ynette de Sandoval del Valle de los Unicornios, Baron Timotheus Zacharia von Schloss Zwilling, and Baron Jason Thomas the Wanderer. Altavia awarded Colette des Trouvères an Argent fret along with Cassandra de Lorrain and Monique Marie Sauniere) and Gendu Secen received a Vert fret for archery Three Starre and the Stone recipients Tezar, Bridget, and Laertes.We had plenty of food for the feast!
Problems or issues: None
Recognize: The Households of St. Valentine, Griffin Freehold, and Flaxen Abbey were very helpful with set up, food distribution, games, tear down and clean up. Viscountess Lorissa Griffin, Lord Pieter, Lord Luca Serafini da Firenze, Lord Laish ibn Mashallah ibn Moshe, Baroness Tezar of Aeolis, THL Fara MacGregor, Sir Uilliam mór MacGregor, Lady Colette des Trouvères, THL Leonor Leonor de Sevilla, Baron Timotheus Zacharia von Schloss Zwillingand, and THL Fu Ching Lan.

Ongoing Business: (Items in process)

- A&S Meeting Site – Briana will get Eirkr in contact with Niko to arrange for payment so we can have A&S there on 1/27. Webwrights will update location information on website.

New Business:

- Altavia Anniversary – Lord Francisco

Lord Francisco was ill and unable to attend council but asked us to schedule the first planning meeting in his stead. The first planning meeting will be on Wednesday, January 21 at 7:30 p.m. at their Excellencies' house.

Asakura volunteered to run populace lunch. Cecilia might help and add cups for an extra donation. We need a save the date ad in the CP since we don't have info on the event yet. We are doing a raffle. Lynnette suggests social media pre advertising. Lynnette volunteers to run the raffle portion of the day but not the whole raffle itself.

- Walter Reed Demo 4/17 and 4/18 – Briana

Thursday afternoon is setup, set up pavilions and tents but not leaving anyithng portable there. Monique: Do we get paid for the demo? Yes. Do we get new members? Not really, but we often see future new members from folks who see us again and like us. We did see a lot of kids come out for archery after the last demo (there was also a increase over all because of Hollywood). We will have a big sign on the street (paid for by WR) that might bring in new members. With "Welcome to the Current Middle Ages" and the newcomers website URL on it. The banner will be 3x3 square.

Officer's Reports

- **Archers –** *Lord Gendu Adarmaghedi (Deputy: THL Nikolaos Phaistos):*

Here is the archery report for January:

Archery is alive and well in Altavia.

December 7: 3 Archers in Attendance
December 21: 3 Archers in Attendance
January 4: 8 Archers in Attendance

Lyondemere has requested use of the Saunders Mats for Arts and Archery on February 8th.

… Saunders mat charges go to the person paying for the gas of transporting them, not to the barony. And what's happening with the shed to house the saunders mats? Monique will look into an option. Cecilia will check into others.

- **Arts & Sciences –** *Luca Serafina da Firenze (Deputy: Vacant)*:

Thorin agreed to oversee/teach a leather working class for this month. Christof mentioned that it would encompass tooling the favors for champions.

Sent A&S dates to the webwright email for the year so that they can be posted on the website.

Did we come to a conclusion to using Niko's church for A&S meetings?

Also, Mercy mentioned to me about setting up regular meetings to make all sorts of largess. Does this sound like a good idea? Maybe we can poll the populace to see who would be interested?

Cecila: What we were thinking of doing was have largess projects to work on if you don't want to do the class offered. Lynnette wonders if it would be too much of a distraction from the class? Perhaps we poll the barony. And we would ask the teachers if they would be willing to have split subjects. Monique: do we have a list of classes folks want to see taught? No? Lynnette suggests Social Meida as a place to get opinions from populace, perhaps with some options to get them thinking about what's available.

Briana will contact Luca about this.

- **Chatelaine –** Lady Catriona inghean Diamada (Deputies: Lady Murghein, THL Kienna the Blue):
  Oh Hai!

  I will not be at council meeting tonight. Francisco will be there for Anniversary stuff plus I haz the sniffles and I don't want to share.

  We did not have a newcomers meeting last month due to the holidays.
  This Month's newcomer's meeting is Monday, January 26. It will be on History, Organization, and Maps of the SCA.

  We had a few Newcomers at Yule that I spoke with and handed out flyers to. I brought loaner garb but it ended up not being needed. Sir Thorin was great at speaking with newcomers that night as well.

  We finally got an image for the middle school sign. Trying to hammer out the details with Carol. Will keep everyone up to date. Please talk this up at events if I am not there. We will need all the assistance we can get. I will be at events the next few months, but I am not able to make the further events. I will try and make up a sign up sheet for it.

  Real life has been very busy and I have not been able to get out to Thursday nights. Please let me know if someone can make it and needs flyers OR if you know for a fact someone is bringing newcomers I will try and get out.

- **Children –** *Lady Fara MacGregor (Deputy: Baroness Tezar of Aeolis)*: Tezar will be taking over the office when Fara steps down to be Baroness of Angels.
- **Chirurgeon –** *Vacant (Deputy: Vacant): Cecilia always has her medic kit at events. No change on the status of Chirurgeon at BOD level.*
- **Chronicler –** *Lord Charles Ivanson (Deputy: Vacant)*:
  No report
- **Constable –** *Sir Thorin vordr O'Seaghdha (Deputy Pro Tem: Yusef)*: No report.
- **Exchequer –** *Lady Leonor de Seville (Deputy: THL Eirikr Mjorsiglandi)*: No report.
- **Herald –** *THL Damien von Baden (Deputy: THL Tezar of Aeolis)*: 2/1 next meeting. He should be going.
- **Lists –** THL Matlens Litovka (Deputy: Vacant): Need replacement. Briana will post on facebook and yahoo to see who's interested. Discussed what's involved in being lists officer.
- **Marshal** - *Sir Thorin vordr O'Seaghdha (Deputy: Vacant)*: Lot of people at practice

- **Marshal, Equestrian –** *(Deputy: Lady Lysette of Altavia)*: No report.
- **Marshal, Rapier –** *Don Colwyn Stagghorn (Deputy: THL Nikolaos Phaistos and Luca Serafina da Firenze*): Rapier report
  December 8 th 4 fighters
  December 15 no fighters 4 people showed up but no fighting
  December 22 no fighters
  December 29th no fighters.
  The holidays and the weather have been a factor of low attendance. It will pick up after the new year.
  January 5th, 13 fighters.
  Rapier is strong as always,
- **Marshal, Thrown Weapons –** *THL Nikolaos Phaistos (Deputy: Vacant)*: Thrown weapons baronial report.
  December 21 8 throwers
  January 4th 15 throwers
  Thrown weapons is well.
- **Marshal Pro Tem, Unarmored –** *Vacant (Deputy: THL Nikolaos Phaistos)*: Unarmored report
  December 22nd. No fighters. Two of us discussed unarmored for a while, but did not fight.
  I did notice we need at least two more swords for an effective class when we get more new fighters.
  Also talked to Queen's Champion Unarmored, Yacob, and he may come and teach a class at a Monday night practice soon.
  Cecilia: Need to create a budget for unarmored. Need to get more loaner gear.

- **Marshal, Youth Combat –** *THL Uilliam Mor MacGregor (Deputy: Sir Thorin vordr O'Seaghdha, Lady Lyonette)*: Francisco might step us a replacement when Liam steps down to be Baron of Angels If not, then maybe Thorin. Francisco needs to be authorized. Sir Liam seems to be suggesting Thorin will be taking it over, but Thorin hasn't been queried on this. Tezar is also a possibility, but need to be reauthorized. How long do the background checks last?

- **Seneschal –** *THL Madelena Leonor Hidalgo de Figueres (Deputy for Social Media: Lady Briana MacCabe)*: Social Media continues to go well. Lots of positive response to the event posting for council. Baroness Meliora has agreed to take over Social Media in May.

- **Webwright –** *Dame Lynnette Sandoval del Valle de los Unicornios (Deputies: Lord Gendu Adarmaghedi, Lady Briana MacCabe)*: Alice is onboard as a Deputy Webwight and has made her first edit of the webpage – Woo Hoo!

  The 2015 schedules for the Newcomer and A&S Meetings have been sent to the webwrights (Thank You!) and are up on the website.

  Work continues on webpages for the Altavia officer's job descriptions. It's part of a larger Seneschal project to make recruiting deputies easier. We've gotten permission to modify text from a couple other SCA job description pages. Briana (as Seneschal team member) and I will edit the text to something that we think works for Altavia and then we'll run it past each Altavia officer for their changes.

  I'm thinking of reworking the Officer's page so that each officer's name is a link to their Caid Wiki page. The meeting page also needs some TLC and I'm hoping to get to that in the next

month.

Announcements

Next Council Meeting – Next meeting, Tuesday February 10, 2015 at Riviera Mobile Estates, Canoga Park.

Adjournment 8:50

And Finally:

From the January Baronial Council Meeting question of the night:

What are you looking forward to in 2015?

Cecilia - War, War, War!
Monique - War, Making banners, sewing and embellishing garb
Wystan - Bows, Bows, Bows and yes Arrows
Alice - Scotland
Briana - Pennsic hopefully
Gendu - Surviving
Timotheus - Surviving
Lynnette - No Ankle Drama!
Damien - Being done with projects

The winner of the January Council meeting drawing was Lynnette and she won a hand made Viking bag given to the Barony with Bridget and Agrippa's colors on strap.

Join us next time on February 10th with a heart on for a special Valentines Meeting!

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Herewith endeth the Fret Knot, see you next issue!